CHORLEY ATHLETIC & TRIATHLON CLUB

LANCASHIRE SPORTSHALL LEAGUE.

SUNDAY 16TH OCTOBER 2022

Returns by Tuesday 10TH October 2022

Please select your events.

1_____

2_____

3_____

4_____

Reserve event_____

Please keep the **Order of Events** so you know what you are doing and what time you are doing it. There is no cost to enter this event the £10 entry fee is being paid by Chorley Athletic & Triathlon Club Entry on the day is £15 payable by the athlete.

Lancashire County Sportshall League

ENTRY FORM

SUNDAY 16th OCTOBER 2022

Stanley Park Sports Centre, West Park Drive, Blackpool. FY3 9HQ

Doors open 9.30am for a 10am start. Finish approx. 2.30pm

Athlete Name_____ **D. of B.**_____

M/F_____ **Age Group**_____

Athlete Address_____

_____

Club Name_____

EA Reg No._____

I accept that the organisers shall not be liable for any injury to my person because of my taking part, nor any loss of property. I accept that refunds will not be made. I understand that photographers will attend this event. I also give consent for the Lancashire County Sportshall Committee to hold my details for Regional selections on a protected computer and by this hard copy. All details will be deleted or shredded by the 1st May 2023.

Parental/Guardian Signature _____

Date _____

Contact Name _____

Contact Number_____

Contact Email _____

*Athletes can compete in a maximum of 4 events Including a relay and must select **one** event only in each rotation. Pre-registration is £10 per athlete and entries on the day are £15 per athlete. Charges are per athlete and not per event. Please inform your Team Manager on arrival which events you would like to compete in as there is a restricted number able to compete in some events.*

Order of Events – 16th October 2022
Blackpool Sports Centre, Stanley Park FY3 9HQ

Rotation	Time	Age Group and Event					
		Under 9/11		Under 13		Under 15	
		Girls	Boys	Girls	Boys	Girls	Boys
1	10am	Speed Bounce High Stepper Balance Test		2 Laps OR 4 Laps		2 Laps OR 4 Laps	
2	10.30am		Speed Bounce High Stepper Balance Test		2 Laps OR 4 Laps		2 Laps OR 4 Laps
3	11am	1 Lap		Long Jump Triple Jump		Long Jump Vertical Jump	
4	11.30am		1 Lap		*Long Jump* Triple Jump		*Long Jump* Triple Jump
	12pm	LUNCH BREAK					
5	12.15pm	Vertical Jump Long Jump Triple Jump		Speed Bounce		Speed Bounce	
6	12.30pm				Speed Bounce		Speed Bounce
7	12.45pm		Vertical Jump Long Jump Triple Jump				
8	1.15pm	Low Hurdles 4x1 Relay	Low Hurdles 4x1 Relay	2x2 Lap Relay	2x2 Lap Relay	2x2 Lap Relay	2x2 Lap Relay
	RESULTS	Athlete of the Match	Age Group Scores	Team Scores	League Positions		

Under 9 – Age 8+ on day, School years 3 & 4

Under 11- School years 5 & 6

Under 13 – School years 7 & 8

Under 15 – School years 9 & 10

***NB Above times may vary depending on number of entries. Any changes will be announced by the Event Organisers on the day .**

<u>Please Note</u> – You can only select one event from each of the boxes in your age group. Maximum of four events. Please select four events and have a go even if you haven't had a practice at some of them. Enjoy the day.