

ITINERARY/SCHEDULE

WEEK COMMENCING 25/1/2020

	<u>Location</u>	<u>Time</u>	<u>Session/Event</u>	<u>Contact</u>
SATURDAY 25/1/20	<i>Hoofstones Fell Race, Todmorden - Club Fell Grand Prix Race</i>			
SUNDAY 26/1/20	-			
MONDAY 27/1/20	St Michaels High School (bottom car park) Chorley, PR7 1RS	7.00PM	Speed/Endurance 1 Hour	Anna Maria Crabtree 01257 483950
TUESDAY 28/1/20	Duxbury Estate	6.30PM	Speed/Endurance	Simon Townsend 01257 265779
WEDNESDAY 29/1/20	Brinscall Swimming Pool	8.30PM	Swim Session	Jane Bowles 07811820278
THURSDAY 30/1/20	Merton Grove	6.30PM	Endurance/Reps Ideal for Beginners	John Payn 01257 482210
	Horwich Track	7.00PM	Track/ Field Practice Speed/Endurance Session 1 hr	Simon Townsend 01257 265779
	Chorley Cricket Club	7.00PM	Approx 1 Hour Steady Run All abilities welcome	Phil Iddon 01772 490078
FRIDAY 31/1/20	-			
SATURDAY 1/2/20	-			
SUNDAY 2/2/20	-			
MONDAY 3/2/20	St Michaels High School (bottom car park) Chorley, PR7 1RS	7.00PM	Speed/Endurance 1 Hour	Anna Maria Crabtree 01257 483950
TUESDAY 4/2/20	TBC	6.30PM	Speed/Endurance	Simon Townsend 01257 265779
WEDNESDAY 5/2/20	Brinscall Swimming Pool	8.30PM	Swim Session	Jane Bowles 07811820278
THURSDAY 6/2/20	TBC	6.30PM	Endurance/Reps Ideal for Beginners	John Payn 01257 482210
	Horwich Track	7.00PM	Track/ Field Practice Speed/Endurance Session 1 hr	Simon Townsend 01257 265779
	Chorley Cricket Club	7.00PM	Approx 1 Hour Steady Run All abilities welcome	Phil Iddon 01772 490078
FRIDAY 7/2/20	-			
SATURDAY 8/2/20	<i>Lawson's Ground, Blackpool - Mid Lancs Cross Country League</i>			
SUNDAY 9/2/20	-			

PLEASE SEE SOCIAL MEDIA FOR UPDATES ON OTHER ACTIVITIES/EVENTS ARRANGED BY CLUB MEMBERS