

ITINERARY/SCHEDULE

WEEK COMMENCING 21/4/18

	<u>Location</u>	<u>Time</u>	<u>Session/Event</u>	<u>Contact</u>
SATURDAY 21/4/18	<i>Anniversary Waltz/Teenager with Altitude, Newlands Valley - Club Fell Grand Prix Race</i>			
SUNDAY 22/4/18	-			
MONDAY 23/4/18	St Michaels High School Chorley, PR7 1RS	7.00PM	Speed/Endurance 1 Hour	Anna Maria Crabtree 01257 483950
TUESDAY 24/4/18	Worthington Lakes	6.30PM	Speed/Endurance	Simon Townsend 01257 265779
WEDNESDAY 25/4/18	-			
THURSDAY 26/4/18	Duxbury	6.30PM	Endurance/Reps Ideal for Beginners	John Payn 01257 482210
	Horwich Track	7.00PM	Track/ Field Practice Speed/Endurance Session 1 hr	Simon Townsend 01257 265779
	Chorley Cricket Club	7.30PM	Approx 1 Hour Steady Run All abilities welcome	Phil Iddon 01772 490078
	Brinscall Swimming Pool	6.30PM	Swim Session	Jane Bowles 07811820278
FRIDAY 27/4/18	-			
SATURDAY 28/4/18	<i>Preston Arena - Mid Lancs Track and Field</i>			
SUNDAY 29/4/18	-			
MONDAY 30/4/18	St Michaels High School Chorley, PR7 1RS	7.00PM	Speed/Endurance 1 Hour	Anna Maria Crabtree 01257 483950
TUESDAY 1/5/18	Worthington Lakes	6.30PM	Speed/Endurance	Simon Townsend 01257 265779
WEDNESDAY 2/5/18	<i>4.4M Trail Race, Astley Park Chorley - Club Organised Race</i>			
THURSDAY 3/5/18	<i>Lytham St Annes Promenade - 5M Interclub Race</i>			
	Horwich Track	7.00PM	Track/ Field Practice Speed/Endurance Session 1 hr	Simon Townsend 01257 265779
	Chorley Cricket Club	7.30PM	Approx 1 Hour Steady Run All abilities welcome	Phil Iddon 01772 490078
	Brinscall Swimming Pool	6.30PM	Swim Session	Jane Bowles 07811820278
FRIDAY 4/5/18	-			
SATURDAY 5/5/18	-			
SUNDAY 6/5/18	<i>Clough Head Fell Race, Threlkeld - Club Fell Grand Prix Race</i>			