

ITINERARY/SCHEDULE

WEEK COMMENCING 16/6/18

	<u>Location</u>	<u>Time</u>	<u>Session/Event</u>	<u>Contact</u>
SATURDAY 16/6/18	-			
SUNDAY 17/6/18	<i>Settle Hills Fell Race - Interclub & Club Fell Grand Prix Race</i>			
MONDAY 18/6/18	St Michaels High School Chorley, PR7 1RS	7.00PM	Speed/Endurance 1 Hour	Anna Maria Crabtree 01257 483950
TUESDAY 19/6/18	<i>Bridestone Fell Race, Todmorden - Club Fell Grand Prix Race</i>			
	Worthington Lakes	6.30PM	Speed/Endurance	Simon Townsend 01257 265779
	UCLAN Sports Tom Benson Way Preston PR2 1SG	8PM - 9PM	Senior Brick Session on Arena Cycle Track	
WEDNESDAY 20/6/18	-			
THURSDAY 21/6/18	Water Street, Chorley	6.30PM	Endurance/Reps Ideal for Beginners	John Payn 01257 482210
	Horwich Track	7.00PM	Track/ Field Practice Speed/Endurance Session 1 hr	Simon Townsend 01257 265779
	Chorley Cricket Club	7.30PM	Approx 1 Hour Steady Run All abilities welcome	Phil Iddon 01772 490078
	Brinscall Swimming Pool	6.30PM	Swim Session	Jane Bowles 07811820278
FRIDAY 22/6/18	-			
SATURDAY 23/6/18	<i>Darren Holloway Memorial Race, Loweswater - Club Fell Grand Prix Race</i>			
SUNDAY 24/6/18				
MONDAY 25/6/18	St Michaels High School Chorley, PR7 1RS	7.00PM	Speed/Endurance 1 Hour	Anna Maria Crabtree 01257 483950
TUESDAY 26/6/18	<i>Anchorsholme Promenade, Blackpool - Thorton Cleveleys Interclub 5M Race</i>			
	Worthington Lakes	6.30PM	Speed/Endurance	Simon Townsend 01257 265779
	UCLAN Sports Tom Benson Way Preston PR2 1SG	8PM - 9PM	Senior Brick Session on Arena Cycle Track	
WEDNESDAY 27/6/18	-			
THURSDAY 28/6/18	Top Barn, Rivington	6.30PM	Endurance/Reps Ideal for Beginners	John Payn 01257 482210
	Horwich Track	7.00PM	Track/ Field Practice Speed/Endurance Session 1 hr	Simon Townsend 01257 265779
	Chorley Cricket Club	7.30PM	Approx 1 Hour Steady Run All abilities welcome	Phil Iddon 01772 490078
	Brinscall Swimming Pool	6.30PM	Swim Session	Jane Bowles 07811820278
FRIDAY 29/6/18	-			
SATURDAY 30/6/18	<i>Litherland Sports Park, Bootle - Mid Lancs Track & Field Meeting</i>			
SUNDAY 1/7/18	-			