

**ITINERARY/SCHEDULE**

**WEEK COMMENCING 23/6/18**

<b><u>Location</u></b>	<b><u>Time</u></b>	<b><u>Session/Event</u></b>	<b><u>Contact</u></b>	
<b>SATURDAY 23/6/18</b>	<i>Darren Holloway Memorial Race, Loweswater - Club Fell Grand Prix Race</i>			
<b>SUNDAY 24/6/18</b>	-			
<b>MONDAY 25/6/18</b>	St Michaels High School Chorley, PR7 1RS	7.00PM	Speed/Endurance 1 Hour	Anna Maria Crabtree 01257 483950
<b>TUESDAY 26/6/18</b>	<i>Anchorsholme Promenade, Blackpool - Thorton Cleveleys Interclub 5M Race</i>			
	Worthington Lakes	6.30PM	Speed/Endurance	Simon Townsend 01257 265779
	UCLAN Sports Tom Benson Way Preston PR2 1SG	8PM - 9PM	Senior Brick Session on Arena Cycle Track	
<b>WEDNESDAY 27/6/18</b>	-			
<b>THURSDAY 28/6/18</b>	Top Barn, Rivington	6.30PM	Endurance/Reps Ideal for Beginners	John Payn 01257 482210
	Horwich Track	7.00PM	Track/ Field Practice Speed/Endurance Session 1 hr	Simon Townsend 01257 265779
	Chorley Cricket Club	7.30PM	Approx 1 Hour Steady Run All abilities welcome	Phil Iddon 01772 490078
	Brinscall Swimming Pool	6.30PM	Swim Session	Jane Bowles 07811820278
<b>FRIDAY 29/6/18</b>	-			
<b>SATURDAY 30/6/18</b>	<i>Litherland Sports Park, Bootle - Mid Lancs Track &amp; Field Meeting</i>			
<b>SUNDAY 1/7/18</b>	-			
<b>MONDAY 2/7/18</b>	St Michaels High School Chorley, PR7 1RS	7.00PM	Speed/Endurance 1 Hour	Anna Maria Crabtree 01257 483950
<b>TUESDAY 3/7/18</b>	Worthington Lakes	6.30PM	Speed/Endurance	Simon Townsend 01257 265779
	UCLAN Sports Tom Benson Way Preston PR2 1SG	8PM - 9PM	Senior Brick Session on Arena Cycle Track	
<b>WEDNESDAY 4/7/18</b>	<i>Astley Park, Chorley - 4.4M Race Trail Race, Club Organised Race</i>			
<b>THURSDAY 5/7/18</b>	<i>Don Ashton Memorial Race, Tockholes, Nr Darwen - Interclub and Club Fell Grand Prix Race</i>			
	Skew Bridge, Adlington	6.30PM	Endurance/Reps Ideal for Beginners	John Payn 01257 482210
	Horwich Track	7.00PM	Track/ Field Practice Speed/Endurance Session 1 hr	Simon Townsend 01257 265779
	Chorley Cricket Club	7.30PM	Approx 1 Hour Steady Run All abilities welcome	Phil Iddon 01772 490078
	Brinscall Swimming Pool	6.30PM	Swim Session	Jane Bowles 07811820278
<b>FRIDAY 6/7/18</b>	-			
<b>SATURDAY 7/7/18</b>	-			
<b>SUNDAY 8/7/18</b>	-			