

Posn	IC	Vet	V-50	V-60	Lady Name	Surname	Category	Club	Time	
1	1					Patrick	Dever	JM	Preston	22:22
2	2					Andy	Benson	M	Preston	22:56
3	3					Adam	Sciacca	M	Chorley	23:01
4	4	1				Gethlin	Butler	M-45	Preston	23:17
5						Joe	Monk	JM	GUEST	23:25
6	5					Liam	Craine	M	Blackpool	23:48
7	6					Jake	Walley	JM	Blackpool	24:03
8	7					Luke	Minns	M	Blackpool	24:04
9	8					Danny	Hayes	M	Blackpool	24:14
10	9					Joe	Greenwood	M	Lytham	24:16
11	10	2				Jon	Green	M-40	Preston	24:20
12	11					James	Mulvany	M	Wesham	24:22
13	12	3				Steve	Waterhouse	M-45	Wesham	24:23
14	13					Joe	Donogue	JM	Preston	24:38
15	14					Ryan	Sciacca	M	Chorley	24:52
16	15					Ciaron	Roddy	M	Red Rose	24:57
17	16	4				Lee	Barlow	M-40	Wesham	25:02
18	17					Jim	Unsworth	M	Blackpool	25:06
19	18					Thomas	Howarth	M	Lytham	25:09
20	19					Richard	Smith	M	Preston	25:13
21	20	5				Steve	Hallas	M-40	Preston	25:21
22	21					David	Taylor	M	Wesham	25:27
23	22	6				David	Williamson	M-40	Blackpool	25:30
24	23					Daniel	Hughes	M	Red Rose	25:35
25						Richard	Jones	M	GUEST	25:38
26	24	7				Andrew	Fairbairn	M-40	Thornton	25:41
27	25	8	1			Mark	Lee	M-50	Preston	25:45
28	26					Ian	Dawson	M	Blackpool	25:48
29	27	9				Steve	Myerscough	M-40	Wesham	25:52
30	28					Alex	Fleming	M	Thornton	25:57
31	29					Karl	Hodgson	M	Red Rose	26:00
32	30	10				Troy	Watson	M-45	Wesham	26:06
33	31					James	Greenway	M	Blackpool	26:08
34	32	11				David	Watson	M-45	Preston	26:09
35						Luke	Barrow	JM	GUEST	26:12
36	33	12				Alan	Jolly	M-45	Red Rose	26:15
37	34	13	2			Ken	Addison	M-55	Red Rose	26:19
38	35	14	3			John	Shepherd	M-50	Red Rose	26:27
39	36					Neil	Tate	M	Lytham	26:29
40	37				1	Nichola	Jackson	F	Preston	26:30
41	38					Simon	Collins	M	Preston	26:32
42	39					Paul	Lightfoot	M	Preston	26:42
43	40	15				Garry	Barnett	M-45	Wesham	26:55

Posn	IC	Vet	V-50	V-60	Lady Name	Surname	Category	Club	Time	
44	41	16				David	Parkinson	M-45	Preston	26:56
45	42					Sam	Swindells	M	Preston	26:59
46	43					Andrew	Christie	M	Red Rose	27:05
47	44	17				Chris	Wales	M-40	Preston	27:11
48	45	18			2	Joanna	Gorney	F-45	Lytham	27:21
49						Paul	Duffell	M	GUEST	27:22
50	46				3	Lauren	Gowland	F	Blackpool	27:23
51	47	19	4	1		John	Collier	M-60	Wesham	27:27
52	48	20			4	Catherine	Carrdus	F-40	Wesham	27:28
53	49	21				Chris	Charnley	M-40	Red Rose	27:29
54	50	22				Mike	Hall	M-45	Red Rose	27:30
55	51					John	Naylor	M	Red Rose	27:32
56	52	23	5			Stuart	Cann	M-50	Red Rose	27:35
57	53	24				Mark	Willett	M-40	Lytham	27:37
58	54	25				Pete	Waywell	M-45	Thornton	27:43
59	55	26	6			Warren	Crook	M-50	Chorley	27:48
60	56					Cayden	Fletcher	M	Preston	27:49
61	57	27	7			Billy	Johnstone	M-50	Preston	28:00
62	58	28			5	Caroline	Betmead	F-40	Blackpool	28:01
63	59	29	8	2		Graham	Webster	M-60	Lytham	28:03
64	60					Sam	Harrison	M	Red Rose	28:04
65	61	30				Martin	Quinn	M-40	Chorley	28:07
66	62	31	9			Peter	Cowling	M-50	Preston	28:08
67	63	32	10			Alan	Metcalf	M-50	Preston	28:10
68	64				6	Alisha	Johnson	JF	Blackpool	28:20
69	65	33				David	Brunton	M-45	Red Rose	28:21
70	66	34	11			John	Bertenshaw	M-55	Wesham	28:22
71	67	35				Darran	Bowles	M-40	Chorley	28:24
72	68				7	Emma	Pass	F	Wesham	28:25
73	69	36				Steve	Bladon	M-40	Red Rose	28:26
74	70	37				Stuart	Topping	M-40	Wesham	28:27
75	71				8	Jessica	Rogers	JF	Blackpool	28:28
76	72	38	12			Philip	Butler	M-50	Red Rose	28:30
77	73					Dominic	Moon	M	Preston	28:32
78	74	39				Phil	Iddon	M-40	Chorley	28:36
79	75	40	13			Bill	Beckett	M-50	Chorley	28:38
80	76					David	Barras	M	Thornton	28:44
81	77				9	Ambi	Tipping	F	Preston	28:45
82	78	41				Jonathon	Mattock	M-40	Chorley	28:49
83	79	42	14			Dave	Wall	M-50	Red Rose	28:51
84	80	43				Russell	Codd	M-45	Preston	28:54
85	81	44			10	Carmel	Sullivan	F-45	Wesham	28:57
86	82	45				Andy	Acklam	M-45	Preston	29:01

Posn	IC	Vet	V-50	V-60	Lady	Name	Surname	Category	Club	Time
87	83	46	15		11	Bev	Wright	F-50	Blackpool	29:03
88	84					Mark	Lees	M	Chorley	29:04
89	85	47				Neil	McDonald	M-45	Preston	29:09
90	86	48	16	3		Alan	Appleby	M-65	Preston	29:09
91	87					Stephen	Bonsu	M	Preston	29:14
92	88	49				Stuart	Kilmartin	M-45	Chorley	29:17
93	89	50	17	4		Terry	Hellings	M-60	Lytham	29:20
94	90	51	18			David	Tulson	M-55	Red Rose	29:22
95	91	52	19			Frank	Nightingale	M-50	Red Rose	29:32
96	92	53	20			Terence	Westhead	M-50	Blackpool	29:35
97	93	54	21			George	Kennedy	M-55	Wesham	29:40
98	94	55			12	Nicola	Unsworth	F-45	Wesham	29:41
99	95					George	Green	JM	Preston	29:44
100	96	56	22			Roy	Tomlinson	M-55	Thornton	29:45
101	97					Ian	Palfrey	M	Preston	29:46
102	98					Barry	Wheeler	M	Red Rose	29:47
103	99					Chris	Brown	M	Red Rose	29:48
104	100	57			13	Helen	Lawrenson	F-45	Wesham	29:49
105	101	58				Steve	Townhill	M-40	Preston	29:49
106	102	59				Jonathon	Burgess	M-40	Chorley	29:49
107	103	60	23			Paul	Wareing	M-50	Chorley	29:54
108	104	61			14	Melanie	Koth	F-40	Lytham	29:57
109	105	62			15	Sue	Coulthurst	F-45	Wesham	30:12
110	106	63	24			Dave	Skinner	M-50	Blackpool	30:12
111	107	64			16	Laura	Murphy	F-40	Chorley	30:14
112	108	65	25	5		Alan	Hudson	M-65	Wesham	30:25
113	109	66	26			Peter	Carter	M-50	Preston	30:27
114	110	67	27	6		Dave	Hooton	M-60	Red Rose	30:29
115	111					Pete	Battersby	M	Red Rose	30:30
116	112	68				Rick	Pinches	M-45	Blackpool	30:31
117	113				17	Becky	Rogers	F	Blackpool	30:33
118	114	69	28	7		Ray	Taylor	M-65	Red Rose	30:35
119	115					Michael	Hendry	M	Chorley	30:36
120	116	70			18	Sarah	Sherratt	F-40	Wesham	30:36
121	117					Stephen	Needham	M	Preston	30:44
122	118	71			19	Lindsey	Berends	F-40	Preston	30:53
123	119	72				Michael	McCrea	M-45	Red Rose	30:54
124	120	73			20	Michelle	Tickle	F-40	Blackpool	30:55
125	121	74			21	Charlotte	Rawcliffe	F-35	Preston	30:58
126	122					Martin	Redshaw	M	Chorley	31:03
127	123	75	29	8		Steve	Minto	M-60	Blackpool	31:10
128	124	76				Doug	Bryden	M-45	Red Rose	31:14
129	125	77	30			Simon	Townsend	M-50	Chorley	31:18

Posn	IC	Vet	V-50	V-60	Lady	Name	Surname	Category	Club	Time
130						Andrew	Nightingale	M-40	GUEST	31:29
131	126				22	Helen	Morris	F	Chorley	31:30
132	127	78	31			Philip	Davidson	M-50	Red Rose	31:38
133	128				23	Alona	Versinina	F	Wesham	31:48
134	129	79			24	Andrea	Smith	F-45	Blackpool	31:52
135	130					Alan	Elstone	M	Lytham	31:53
136	131					Ian	Tate	M	Lytham	31:58
137	132	80	32			Chris	Moss	M-50	Wesham	32:03
138	133	81	33		25	Tracey	Hulme	F-50	Wesham	32:04
139	134	82				Anthony	Blight	M-40	Blackpool	32:06
140	135				26	Jenny	Gornall	F	Preston	32:08
141	136	83			27	Laura	Lawler	F-45	Blackpool	32:15
142	137	84	34			Nigel	Shepherd	M-55	Wesham	32:16
143	138	85	35			Andrew	Lowe	M-55	Chorley	32:17
144	139	86				Steve	Taylor	M-40	Red Rose	32:22
145	140	87	36	9		David	Dyson	M-60	Red Rose	32:24
146	141	88	37	10		Alan	Wilkinson	M-65	Blackpool	32:27
147	142				28	Daisy	Seville	F	Thornton	32:30
148	143					Mark	Bond	M	Chorley	32:32
149	144	89	38			Simon	Scarr	M-50	Blackpool	32:33
150	145				29	Dawn	Maher	F	Blackpool	32:38
151	146				30	Victoria	Cowling	JF	Preston	32:40
152	147	90	39		31	Claire	England	F-50	Lytham	32:42
153	148					Liam	Hooton	M	Red Rose	32:44
154	149	91				Des	Heron	M-40	Lytham	32:48
155	150	92	40			Bernie	Mitchell	M-55	Red Rose	32:52
156	151	93			32	Karen	Hunford	F-45	Blackpool	32:54
157	152	94	41			Nick	Hume	M-55	Blackpool	32:57
158	153					Gary	Lambert	M	Red Rose	32:59
159	154					Anthony	Hughes	M	Red Rose	33:05
160	155				33	Kirsty	Holland	F	Blackpool	33:11
161	156				34	Laura	Taylor	F	Wesham	33:18
162	157				35	Elizabeth	Jones	F	Wesham	33:22
163	158	95	42			Phil	Lakeland	M-55	Preston	33:42
164	159	96	43			Stephen	Baker	M-55	Chorley	34:08
165	160	97				Dave	Wakefield	M-40	Preston	34:10
166	161	98				Stephen	Browne	M-45	Wesham	34:20
167	162	99	44		36	Sara	Ward	F-50	Wesham	34:25
168	163	100	45			Nigel	Simpkin	M-55	Lytham	34:30
169	164				37	Lara	Dickinson	F	Chorley	34:31
170	165	101	46	11		Ted	Orrell	M-75	Chorley	34:33
171	166	102	47	12		David	Young	M-65	Wesham	34:39
172	167	103	48	13		David	Orritt	M-60	Red Rose	34:49

Posn	IC	Vet	V-50	V-60	Lady Name	Surname	Category	Club	Time	
173	168	104	49		38	Deborah	Myerscough	F-50	Wesham	34:50
174	169	105			39	Jane	Bowles	F-45	Chorley	35:02
175	170				40	Hannah	McCandless	JF	Lytham	35:04
176	171	106	50			Michael	Wilson	M-50	Chorley	35:08
177	172	107	51	14	41	Carol	Douglas	F-65	Red Rose	35:15
178						Lorraine	Thompson	F-40	GUEST	35:21
179						Janice	Metcalf	F-50	GUEST	35:29
180	173				42	Dolly	Parkes	F	Preston	35:30
181	174	108				Jon	Bottenworth	M-45	Red Rose	35:35
182	175	109	52	15		John	Swift	M-75	Chorley	35:41
183	176	110	53		43	Julia	Rolfe	F-50	Lytham	35:42
184	177	111	54	16	44	Joan	Gouldthorpe	F-60	Red Rose	35:48
185	178	112	55			Peter	Cooke	M-55	Wesham	35:52
186						Chris	Nightingale	M-45	GUEST	35:54
187	179	113	56	17		Steven	Wilde	M-60	Chorley	36:12
188	180				45	Alex	Everest	F	Lytham	36:13
189	181	114	57		46	Lisa	Minns	F-50	Wesham	36:15
190	182	115	58	18		Dave	Roberts	M-65	Preston	36:20
191						Louise	McKinon	F-35	GUEST	36:24
192	183	116	59			Finlay	McCalman	M-50	Wesham	36:33
193	184	117	60			Philip	McCullagh	M-55	Chorley	36:44
194	185	118				Anthony	Murphy	M-45	Red Rose	36:45
195	186	119	61			Graham	Vickers	M-55	Wesham	36:46
196	187				47	Emma	Johnson	F	Red Rose	36:47
197	188	120			48	Vicky	Gore	F-35	Red Rose	36:47
198						Jodie	Coleman	JF	GUEST	37:02
199	189	121				Greg	Oulton	M-45	Lytham	37:05
200	190	122			49	Debbie	Cooper	F-40	Lytham	37:08
201	191					Ethan	Hodkinson	JM	Red Rose	37:10
202	192	123	62		50	Janet	Barrow	F-50	Chorley	37:26
203	193					Richard	Field	M	Red Rose	37:46
204						Nicola	Lewis	F-35	GUEST	37:48
205	194	124	63	19	51	Janet	Tolson	F-60	Red Rose	38:00
206	195	125	64	20		John	Winters	M-80	Blackpool	38:14
207	196	126	65		52	Christine	Sweatman	F-55	Chorley	38:27
208	197	127			53	Melanie	Haworth	F-40	Preston	38:49
209	198	128	66	21	54	Sylvia	Gittins	F-65	Lytham	38:50
210	199	129	67			James	Danson	M-50	Wesham	39:00
211	200				55	Clare	Belfield	F	Wesham	39:04
212	201				56	Rachael	Wignall	F	Lytham	39:05
213	202	130			57	Paula	Stell	F-40	Red Rose	39:09
214	203	131	68	22		Henry	Minorczyk	M-65	Chorley	39:20
215	204	132			58	Helen	Greenhalgh	F-35	Red Rose	39:50

