



CHORLEY ATHLETIC & TRIATHLON CLUB

run : jump : throw : bike : swim : walk : fun



Chorley

CROSS COUNTRY FIXTURE LIST FOR 2018/19 SEASON

Saturday	September 29 th			
Saturday	October 6 th			
Saturday	October 13 th	Leigh	Red Rose	Sports Village
Saturday	October 20 th	Middleton	South East L	Heaton Park
Saturday	October 27 th			
Saturday	November 3 rd			
Saturday	November 10 th	Bolton	Red Rose	Leverhulme Park
Saturday	November 17 th	Rossendale	Red Rose	Marl Pits
Saturday	November 24 th	Liverpool	Mid Lancs	Sefton Park
Saturday	December 1 st	Todmorden	Red Rose	No Venue
Saturday	December 8 th			
Saturday	December 15 th	Royton	South East	Tandle Hill
Saturday	January 5 th	Blackburn	Lancashire	Witton Park
Saturday	January 12 th	Burnley	Mid Lancs	Towneley Park
Saturday	January 19 th	Middleton	South East L	Heaton Park
Saturday	January 26 th	Northern Champs		Pontefract Racecourse
Saturday	February 2 nd			
Saturday	February 9 th	Leigh	Mid Lancs	Sports Village (provisional)
Saturday	February 16 th	Chorley	South East L	Yarrow Meadows
Saturday	February 23 rd	National Champs		Leeds Harewood House
Saturday	March 2 nd	Preston	Mid Lancs	Cuerden Valley

League rulings for Individual and Team awards.

RED ROSE and SOUTH EAST LANCS

3 fixtures to be completed for solo and team awards

MID LANCS

4 fixtures to be completed for solo and team awards

Red Rose times

U/11 boys 12.15
U/11 girls 12.30
U/13 boys 12.45
U/13 girls 1.00

U/15 boys 1.15
U/15 girls 1.15
U/17 boys 1.35

U/17 girls 1.35
Sen ladies/vets
Junior ladies 1.50
Sen men/vets
Junior men 2.30

South East L times

U/11 boys and girls 12.30
U/13 boys and girls 12.45
U/15 boys and girls 1.00
U/17 boys and girls 1.20

Sen ladies/vets 1.40

Sen men/vets 2.20

Mid Lancs times

U/11 girls 12.30
U/11 boys 12.45
U/13 girls 1.00
U/13 boys 1.20
U/15 girls 1.20
U/15 boys 1.40
U/17 ladies 1.40
Sen ladies/vets
U/17 men 2.00
Sen men/vets
Junior men 2.30