

Code of Conduct for Athletes

As an athlete I will:-

- Respect the rights and dignity of everyone involved in athletics;
- Uphold the same values of sportsmanship off the field as I do when engaged in athletics;
- Cooperate with anyone involved in sport in the best interests of other athletes and myself;
- Consistently promote positive aspects of the sport and never condone rule violations or the use of inappropriate substances;
- be responsible for my needs, including having the appropriate kit and being on time;
- thank coaches and officials who enable me to participate.

When participating any athletics activities, I will:-

- Act with dignity and display courtesy towards others;
- Not swear or use abusive language and bad behaviour including violence, bullying, harassment, physical and sexual abuse;
- Challenge inappropriate behaviour and language by others;
- Respect venues I use and will leave them as I find them;
- Never carry or consume alcohol or illegal substances;
- Never carry items that could be dangerous to myself or others.

To ensure safe participation in athletics, I will:-

- Notify a responsible person if I have to go somewhere (why, where and when/if I will return);
- Never give private information unrelated to athletics to anyone;
- maintain boundaries between friendship and intimacy;
- Report any accidental injury, distress, or misunderstanding to the Club Welfare officer as soon as possible;
- Report any suspected misconduct by coaches or others to the club welfare officer as soon as possible.

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Members' Responsibilities

**A Guide to what the CAaTC expects from
each Member and what each Member
can expect from fellow Members.**

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Members' Responsibilities

Completing a membership form annually including:-

- Disclosing all health related matters;
- Keeping all details up to date including personal details and contacts;
- Completing/signing a World Athletic Drug Association form to disclose any prescribed medication being taken.

Paying their subscriptions

- paying amount due by 15 July, ideally by direct debit;
- if subscriptions aren't paid by this date, members are deemed to have resigned and forfeited all rights and privileges.

Abiding by the rules / policies of the Club including:-

- Equal Opportunities (see page 3);
- Child and Vulnerable Adult Protection (see page 3);
- Codes of Conduct (see page 4).

Attending the Annual General Meeting to:-

- receive the Annual Reports of the Committee and Officers;
- receive the Accounts and Balance Sheet of the Club;
- elect a person to audit the annual accounts for the following year;
- elect the members to serve on the Management Committee, Finance Committee and Officers for the following year;
- consider/agree/reject any amendments to the Constitution;
- set subscriptions for the following financial year.

Action Statement on Equal Opportunities

All members of CAaTC:-

- a) are opposed to all forms of discrimination, whether on the grounds of race, gender, sexuality or disability and are committed to ensuring that athletics is equally available to all forms of activity and at all levels;
- b) will attempt to ensure that individuals do not suffer through ignorance of their rights and responsibilities or of the services and opportunities available, or through an inability to express their needs effectively;
- c) will resist and challenge acts of discrimination identified within CAaTC;
- d) will work to increase the number of members from minority groups;
- e) believe that athletics should be an enjoyable experience for all regardless of age, race or gender and will work to achieve a situation where individuals are able to enter the sport in a welcoming atmosphere.

Action Statement on vulnerable young people and adults

All members of CAaTC: -

- a) Are opposed to all forms of discrimination based upon a person's vulnerability to physical, psychological, emotional pressures or neglect;
- b) will educate and inform appropriate coaches, fellow athletes, carers and parents/guardians on ways to overcome known vulnerabilities;
- c) will resist, challenge and where necessary use all legal powers to safeguard all vulnerable children and adults;
- d) will ensure that all vulnerable people can train and compete in a safe environment.