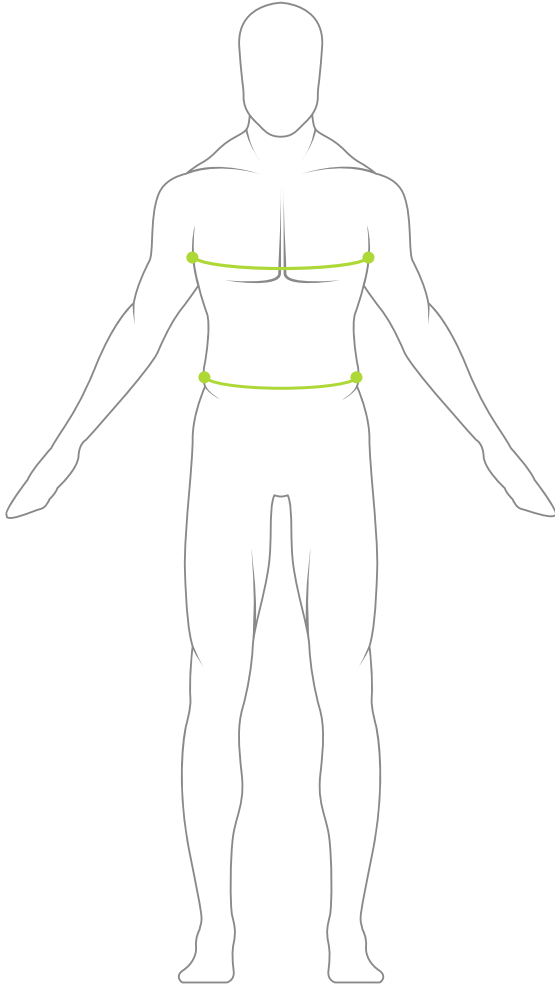


## MALE SIZING



### CHEST

SIZE	INCHES
XS	36
S	38
M	40
L	42
XL	44
2XL	46
3XL	48
4XL	50
5XL	52
6XL	54
7XL	56

### WAIST

SIZE	INCHES
XS	28
S	30
M	32
L	34
XL	36
2XL	38
3XL	40
4XL	42

## HOW TO WORK OUT YOUR SIZE

Sizing charts in the endurance sports world are a minefield! We can give complex measurements for every panel and detailed lengths for every seam however, we have created a VO2 Matrix (on the left) which allows our customers to measure themselves simply and allow us to fit the garment to you.

Lets say you're a size Medium. Everything you buy is a Medium. Well, our sizing charts are based on those measurements that determine your size. We use the chest measurement for all our garments that go on the top half and the waist measurement for all the things you'd wear on the bottom half. It's kind of like our own recommendation for your body size. Just like you'd get in any high street store. If you usually buy a large top and medium bottoms then the same rule will apply with us.

We will still supply the detailed pre stretch measurements on all our charts so you can measure an existing item and match it up to ours (on the off chance you don't agree with our sizing groups). Simply ask for these details should you need them.

One thing to remember is endurance clothing is created for the athlete within us. If you've not quite found that figure yet then you'll be glad to know theres a bit of stretch in our products.

## WHY HAVE WE DONE THIS?

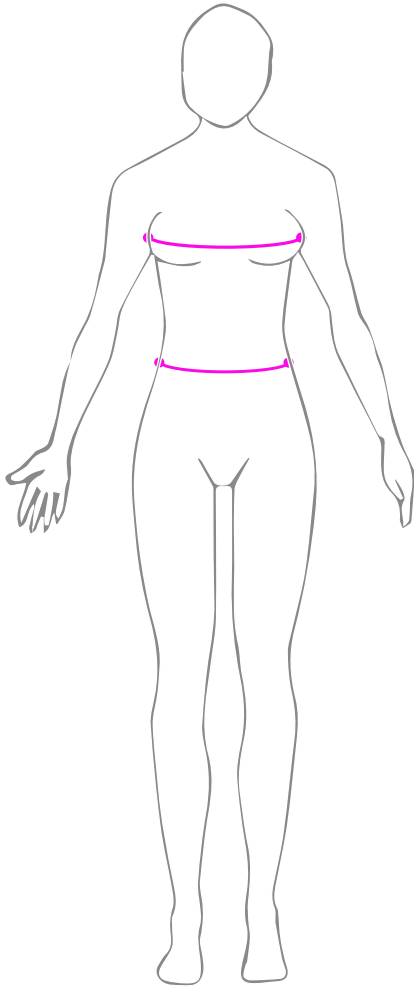
The problem we used to have was customers needing items from different categories and questioning the variation in size.

A triathlete may want a cycling jersey and bib shorts to go with their tri suit. The tri suits are made from a different material to our cycling jerseys. Just as our wind jackets are made from a different material to our cycling jersey and thermal bibs are different to wind jackets. You get the idea. These different materials all have different stretch properties. The garments all have different jobs to do.

Previously we may have had a customer order some garments in a Medium, some in a Large and some in a Small in order to complete there multi discipline purchases. It all seemed a little daft really.

By adjusting our charts so all the garments coincide with one another, a customer who is one set size for a certain body part will be able to buy safe in the knowledge that a VO2 size X will fit them because they always by a size X ('X' being their preferred size).

## FEMALE SIZING



### HOW TO WORK OUT YOUR SIZE

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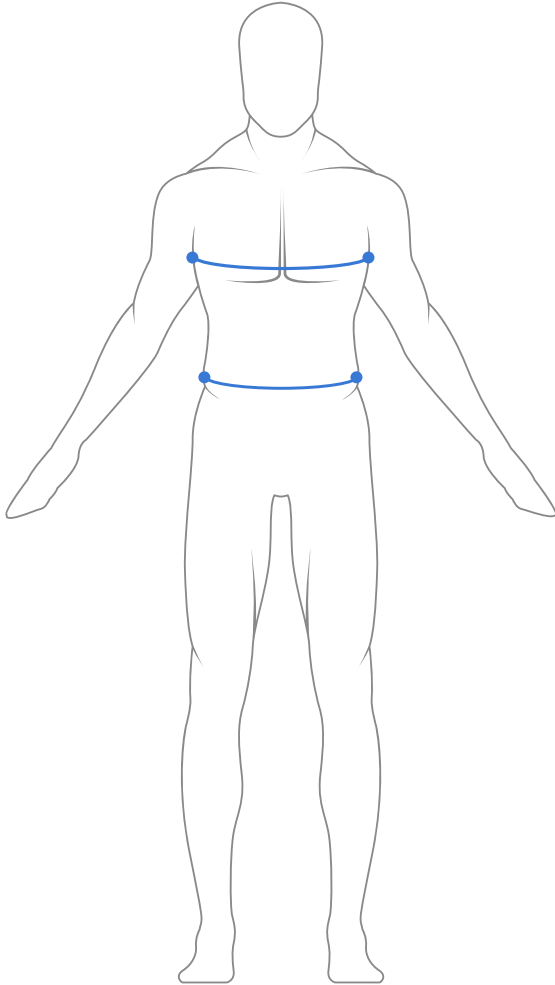
### CHEST

SIZE	CM	INCHES
XXS	79	31
XS	83	32.5
S	87	34
M	92	36
L	97	38
XL	102	40
2XL	107	42
3XL	112	44
4XL	117	46

### WAIST

SIZE	CM	INCHES
XXS	61	24
XS	65	25.5
S	69	27
M	74	29
L	79	31
XL	84	33
2XL	89	35
3XL	95	37
4XL	100	39

## JUNIOR SIZING



### CHEST

SIZE	INCHES
8XS	22
7XS	24
6XS	26
5XS	28
4XS	30
3XS	32
2XS	34

### AVE. HEIGHT

SIZE	CM
8XS	104
7XS	116
6XS	128
5XS	140
4XS	152
3XS	164
2XS	176

## HOW TO WORK OUT YOUR SIZE

Sizing charts in the endurance sports world are a minefield! We can give complex measurements for every panel and detailed lengths for every seam however, we have created a VO2 Matrix (on the left) which allows our customers to measure themselves simply and allow us to fit the garment to you.

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