

CAAT TRAINING RISK ASSESSMENTS

Risk	Impact (1-5)	Control Measure(s)
CYCLING UCLAN		
Problems caused by unidentified athletes partaking in sessions e.g. injury, getting lost, etc.	2	All athletes must be registered for each session, ideally through MemberMojo.
Danger posed to themselves by athlete carrying an injury prior to session.	3	Ask athletes if anyone is injured or not well. Encourage parents/carers to inform coaches.
Safety equipment.	5	All cyclists must wear a suitable cycling helmet.
		All bikes must be of road worthy condition, with fully functioning brakes.
Road running (risk of collision with vehicles bikes or people)	5	The UCLAN track is normally free of all vehicles, but there are likely to be other bikes and even pedestrians on the circuit.
		All cyclists to ride in the same direction.
		All cyclists to be made aware of risk of collision.
		The circuit is not lit, and should not be used during darkness.

Reviewed : December 2018